

MOSAIC'S 2023-2024 IMPACT

How You've Helped Us Help Others



👂👂 My self-image shifted when I got into recovery with Mosaic. I used to be so isolated and I didn't even know it. It's a struggle, but the support I get from the Mosaic community helped me find purpose. 👂👂

- An anonymous Mosaic client

It is hard to find affordable top-quality mental health care in the Bronx and surrounding communities. **Half of Bronx youth** reportedly want/need mental health services, however, only **39%** of them received treatment. And **91%** of Bronx residents on Medicaid live in areas where professional mental health services are scarce. Clearly, the need for **Mosaic Mental Health** is greater than at any time in its 65-year history. We see on a daily basis the rewarding progress made by our clients of all ages. There is a profound beauty in this that Mosaic's team recognizes and we hope that you do, too.

Your unwavering support enables us to reach and assist those in need, transforming lives and building a stronger community. **Thank you** for playing an important part in creating a more equitable, healthy version of the Bronx, where every mind matters.

👂👂 I felt like she understood me and wasn't making any judgments. She really saw my strengths and where I struggled, but she saw me as a whole person. 👂👂

- An anonymous vocational client speaking of their counselor

Mosaic in the Numbers

1000+ clients seen in the past year

550 months of housing for more than 50 clients facing varying degrees of mental illness

170 prescriptions written to treat Alcohol and Opioid Use Disorder

65 years of serving communities in the Bronx, Upper Manhattan and Lower Westchester

What Your Support

Empowers

- ♥ Individual, group and family therapy
- ♥ 24/7 Crisis Respite
- ♥ Personalized substance abuse recovery
- ♥ Medication management
- ♥ Vocational services
- ♥ Housing support



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